

Pos	Name	Club	race_time	M/F	Age Grp
1	LEE MILLMORE (39)	Birtley AC	36.52	M	
2	STEPEHN GRAY (32)	Elswick Harriers	37.03	M	O40
3	PATRICK DUFFY (46)	Crook AC	37.43	M	
4	A FOX (6)	Morpeth Harriers	38.47	F	
5	ADAM KNOX (416)	Low Fell RC	39.17	M	
6	IAN WALTON (26)	Blackhill Bounders	39.42	M	O40
7	JANE MOONEY (407)	Morpeth Harriers	40.46	F	
8	LUCAS LONGMAN (58)	Heaton Harriers	41.24	M	
9	MICHAEL FERGUSON (3)	Unattached	41.48	M	
10	GARY PEMBERTON (49)	North East Vets	42.24	M	O55
11	BARRY YOUNG (4)	North Shields Poly	42.52	M	O45
12	TIMOTHY GRIFFITHS (9)	Tynedale Harriers	43.03	M	O45
13	PETER MORGAN (13)	South Shields	43.09	M	O50
14	SARAH LISTER (40)	Blackhill Bounders	43.33	F	
15	RICHARD HALLORAN (414)	Unattached	43.51	M	
16	IAN MIDDLEMAS (8)	Unattached	44.05	M	
17	JON BALMER (16)	South Shields	44.18	M	
18	COLIN PHILLIPSON (45)	PB Fitness	44.48	M	
19	DARREN STEWART (413)	Unattached	45.52	M	
20	RICH ROBERTS (47)	Unattached	46.11	M	O40
21	GRAHAM LOCURIE (54)	Unattached	46.24	M	
22	JOHN CARROLL (43)	Unattached	46.36	M	
23	PHILIP LINDSAY (34)	North Shields Poly	46.53	M	
24	NIC TINSON (5)	Unattached	47.32	M	
25	JOY CHAMPION (418)	Sunderland Strollers	47.50	F	O40
26	GRAHAM LAVERICK (44)	Crook AC	48.05	M	O50
27	MIKE WOOD (48)	Unattached	48.09	M	O40
28	VANESSA BUTLER (50)	Claremont R.R.	48.23	F	
29	ALLEN MULLIS (406)	Heaton Harriers	48.45	M	O50
30	JULIEN LECOINTRE (12)	Unattached	49.09	M	
31	BOB BALMER (15)	South Shields	49.31	M	O60
32	F WOOD (56)	Sunderland Strollers	49.47	M	O50
33	ELLEN TULLO (7)	Unattached	49.54	F	
34	STUART GORDON (24)	Unattached	50.37	M	O45
35	HENDRIK NAHLER (20)	Unattached	50.42	M	
36	MALCOLM LIDDLE (59)	Blackhill Bounders	50.57	M	O55
37	DAVID JOHNSON (28)	North Shields Poly	51.11	M	O50
38	VICKI THOMPSON (405)	Jarrow & Hebburn AC	51.20	F	O35
39	TOM WAGGOTT (404)	Unattached	51.39	M	O50
40	BEN LISTER (51)	Unattached	52.02	M	
41	KELLY HESLOP (38)	Unattached	53.14	F	
42	KATHERINE BURCHFIELD (18)	Gateshead Harriers	53.31	F	
43	FLOYD EVANS (57)	Unattached	53.55	M	
44	ROLAND PEACOCK (17)	Unattached	54.37	M	O60
45	CHARLOTTE WARDLE (403)	Swaledale R R	54.55	F	O35
46	RACHEL WEDDLE (41)	Unattached	55.19	M	
47	TREVOR ROWE (412)	Unattached	55.19	M	O55
48	JOHN DAVIDSON (400)	Unattached	56.05	M	O50
49	PHIL JOHNSON (30)	Unattached	56.06	M	
50	AUDE ZANETTI (14)	Unattached	56.46	F	
51	VICKI CUTHBERTSON (402)	Saltwell Harriers	56.46	F	
52	STEVE ROCHELLE (33)	Saltwell Harriers	56.59	M	O50
53	MARK SMALL (21)	Unattached	57.01	M	

54	JOY BELL (415)	Blackhill Bounders	58.08	F	O60
55	ROSS COONEY (419)	Saltwell Harriers	58.16	M	
56	JENNIFER LUMLEY (52)	Unattached	59.37	F	O40
57	STEPHEN RUTHERFORD (31)	Unattached	61.08	M	
58	HELENA SIMMONDS (53)	Saltwell Harriers	62.25	F	
59	JANE PARNABY (19)	Unattached	62.58	F	O35
60	TRACEY HORSEMAN (11)	Unattached	65.20	F	O35
61	P KELLY (409)	Birtley AC	65.53	M	O40
62	SARA CHESNEY (55)	Unattached	67.04	F	
63	D BREWIS (42)	Unattached	75.19	M	O60

Pos	Team Results - Male	Pts
1	South Shields	61
2	North Shields Poly	71