

<u>Position</u>	<u>Name</u>	<u>Club</u>	<u>Race Time</u>	<u>Sex</u>	<u>Age Group</u>
1	Neil Wilkinson (487)	Morpeth Harriers	15.41	M	O40
2	Chris Paton (422)	Gateshead Harriers	16.15	M	
3	Luke Adams (484)	Jarrow & Hebburn AC	16.19	M	
4	Marc Fenwick (126)	Wallsend Harriers	16.39	M	
5	Stewy Bell (333)	Chester-le-Street	16.41	M	O40
6	Lee Millmore (489)	Birtley AC	16.44	M	
7	Jon Stephens (120)	Low Fell RC	16.49	M	
8	Lawrence Mccourt (118)	Jarrow & Hebburn AC	16.53	M	U17
9	Les Smith (320)	Heaton Harriers	16.54	M	
10	Matty Tomlinson (123)	Chester-le-Street	17.05	M	
11	Lee Loraine (155)	Gateshead Harriers	17.07	M	
12	Will Horsley (378)	Elvet Striders	17.11	M	
13	Patrick Duffy (122)	Crook AC	17.19	M	
14	Ian Robinson (365)	Heaton Harriers	17.21	M	
15	Shaun Barras (426)	Jarrow & Hebburn AC	17.24	M	U17
16	Martin Slater (498)	Gateshead Harriers	17.25	M	
17	Liam Baister (354)	Gateshead Harriers	17.27	M	U20
18	Stephen Grey (479)	Elswick Harriers	17.28	M	O40
19	Sarah Williamson (486)	Chester-le-Street	17.31	F	O35
20	Ian Mcgrath (125)	Crook AC	17.40	M	
21	Alan L Thompson (355)	Elswick Harriers	17.42	M	O45
22	Tracy Laws (490)	Chester-le-Street	17.43	F	
23	Chris Jackson (346)	Sunderland Strollers	17.48	M	
24	Tim Allsop (318)	Sunderland Strollers	18.09	M	O40
25	Michelle Holt (488)	Sunderland Harriers	18.11	F	
26	Josh Mcenaney (483)	Birtley AC	18.12	M	U20
27	J G Scott (117)	Nortumberland Fell Runr	18.15	M	O50
28	Jane Mooney (407)	Morpeth Harriers	18.18	F	
29	Mick Rennison (348)	Sunderland Strollers	18.19	M	O40
30	Aileen Fox (373)	Morpeth Harriers	18.25	F	
31	Chris Sanderson (397)	Pb Fitness	18.27	M	
32	Colin Drummond (143)	Low Fell RC	18.33	M	O45
33	Paul Tate (341)	Gateshead Harriers	18.36	M	
34	K King (152)	Durham City	18.37	M	
35	Keith Elliott (430)	Sunderland Harriers	18.41	M	O55
36	Mark Mcnally (336)	Elswick Harriers	18.44	M	O60
37	Iain Mckinnon (491)	Heaton Harriers	18.50	M	
38	Richard Hall (492)	Gateshead Harriers	18.55	M	U20
39	John Taylor (124)	PB Fitness	18.58	M	
40	Archie Jenkins (340)	Morpeth Harriers	19.00	M	O55
41	David Anderson (480)	Wallsend Harriers	19.01	M	O50
42	James Hubbard (150)	Sunderland Strollers	19.03	M	
43	Sam Daley (149)	Heaton Harriers	19.05	M	O55
44	Gary Pemberton (364)	North East Vets	19.10	M	O55
45	Scott Gibson (128)	Nortumberland Fell Runr	19.12	M	
46	P Morgan (495)	South Shields	19.13	M	O50
47	John Mccaughey (392)	Unattached	19.16	M	
48	Geoff Hewittson (324)	Crook AC	19.28	M	O50
49	Chris Walker (371)	Gateshead Harriers	19.32	M	U20
50	Malcolm Thirlaway (135)	Gateshead Harriers	19.33	M	O50
51	Chris Hassell (342)	North East Vets	19.37	M	O45
52	Geoff Smith (481)	Gateshead Harriers	19.39	M	O40
53	Victoria Booth (313)	Sunderland Strollers	19.45	F	

54	Malcolm Gibson (352)	Heaton Harriers	19.49	M	
55	Michael Bunn (338)	Jarrow & Hebburn AC	19.50	M	O50
56	Kevin O'neil (127)	Sunderland Strollers	19.53	M	O45
57	Ian Middlemas (387)	Fetch Everyone RC	19.54	M	
58	Joanne Lee (325)	Tynedale Harriers	19.55	F	O35
59	Alex Hulme (428)	Derwentside Ac	19.56	M	
60	Richard Halloran (414)	Unattached	20.04	M	
61	John Watson (423)	Sunderland Harriers	20.09	M	O50
62	Zoe Armstrong (427)	Morpeth Harriers	20.13	F	U20
63	Len Christopher (372)	Sunderland Harriers	20.15	M	O60
64	Peter Hodgson (388)	Unattached	20.18	M	
65	John Dennis (339)	Crook AC	20.19	M	O55
66	Brian Buckley (494)	Derwentside AC	20.21	M	
67	Dean Robson (315)	Sunderland Strollers	20.38	M	
68	Heather Robinson (130)	Chester-le-Street	20.43	F	O45
69	Paul William Smith (115)	Crook AC	20.55	M	O45
70	David Warnaby (314)	Sunderland Strollers	20.56	M	O55
71	Darren Stewart (413)	Unattached	21.01	M	
72	Lee Robinson (147)	Unattached	21.05	M	
73	Anthony Leonard (129)	Sunderland Strollers	21.13	M	O50
74	Martin Brooks (353)	Sunderland Strollers	21.21	M	
75	Moyra Magowan (142)	Sunderland Strollers	21.28	F	O45
76	Maggie Loraine (335)	Gateshead Harriers	21.31	F	O50
77	Alyson West (349)	Sunderland Strollers	21.33	F	O40
78	Simon Buckden (131)	Abbey Runners	21.36	M	
79	Clare Anderson (316)	Sunderland Strollers	21.40	F	O35
80	Ellen Tullo (327)	Unattached	21.55	F	
81	Tim Hassell (343)	Unattached	21.56	M	U20
82	Ashleigh Thorpe (323)	Sunderland Strollers	21.57	F	
83	Lindsay Aspden (141)	Sunderland Strollers	22.03	F	
84	Christopher Atthey (370)	Low Fell RC	22.07	M	O50
85	Ian Barnes (330)	Darlington H & AC	22.08	M	O70
86	Mark Doctor (322)	Alnwick Harriers	22.10	M	
87	Gareth Mycock (420)	Unattached	22.11	M	O40
88	Stephen Kiszow (395)	Sunderland Strollers	22.20	M	
89	David Rowe (362)	Wallsend Harriers	22.22	M	
90	Stephen Barras (146)	Birtley AC	22.25	M	
91	Bill Kirk (139)	Sunderland Strollers	22.32	M	O50
92	Andrea Clarke (399)	PB Fitness	22.33	F	O40
93	Vicki Thompson (405)	Jarrow & Hebburn AC	22.37	F	O35
94	Phil Outram (345)	Sunderland Strollers	22.42	M	O55
95	Lynne Marr (344)	Tynedale Harriers	22.44	F	O45
96	Jason Lennox (421)	Unattached	22.48	M	O40
97	Don Shotton (375)	Wallsend Harriers	23.08	M	O65
98	Paul Jackson (347)	Sunderland Strollers	23.28	M	O50
99	Allan Cooke (391)	Unattached	23.39	M	O40
100	Frank Strand (360)	South Shields	23.42	M	O65
101	Keith Weavers (356)	Aurora Harriers	23.44	M	O40
102	Patricia West (369)	Wallsend Harriers	23.46	F	O45
103	Neil Smith (151)	Heaton Harriers	23.50	M	O40
104	John Mcdonald (366)	Gateshead Harriers	23.54	M	O60
105	Peter Brooks (396)	Elvet Striders	23.56	M	
106	Andrew Moore (357)	Gateshead Harriers	23.58	M	
107	Deborah Mcwilliams (358)	Gateshead Harriers	23.58	F	O40

108	Tom Waggott (404)	Unattached	23.59	M	O50
109	Allen Mullis (406)	Heaton Harriers	24.01	M	O50
110	Louise Hall (394)	North Shields Poly	24.04	F	
111	John Davidson (400)	Unattached	24.08	M	O50
112	Kelly Heslop (145)	Low Fell RC	24.11	F	O35
113	Charlotte Wardle (403)	Swaledale R R	24.13	F	O35
114	Kenneth Pyle (116)	Chester-le-Street	24.16	M	O60
115	Mac Stephenson (328)	South Shields	24.18	M	O65
116	Helen Hulme (429)	Derwentside Ac	24.24	F	
117	Janette Kilgour (408)	Claremont R.R.	24.31	F	O55
118	Stephen Allen (385)	Sunderland Strollers	24.42	M	
119	Grace Morris (310)	Sunderland Strollers	24.46	F	
120	Sandra Wilkinson (137)	Sunderland Strollers	24.48	F	O40
121	Stephen Rubert (482)	Unattached	24.50	M	O40
122	David Whitmore (332)	South Shields	24.51	M	O70
123	Jeff Henderson (329)	North East Vets	25.03	M	O40
124	Rebecca Bennett (500)	Gateshead Harriers	25.08	F	U17
125	Tom Millmore (493)	Birtley AC	25.14	M	O50
126	Trevor Rowe (412)	Unattached	25.16	M	O55
127	C Lee (361)	Elswick Harriers	25.26	F	O65
128	Julia Scott (306)	Unattached	25.42	F	O40
129	Lorraine Cooke (390)	Unattached	26.03	F	O40
130	John Stephenson (319)	Crook AC	26.08	M	O65
131	Annie Harling (148)	Unattached	26.19	F	
132	Barry Murray (477)	Unattached	26.21	M	O40
133	John Cosgrove (386)	Sunderland Strollers	26.23	M	O50
134	Arthur Potter (367)	North East Vets	26.43	M	O65
135	Paul West (350)	Sunderland Strollers	26.51	M	O40
136	Joy Bell (415)	Blackhill Bounders	27.29	F	O65
137	Anne Kirk (140)	Sunderland Strollers	27.30	F	O45
138	Tracey Horseman (11)	Unattached	28.11	F	O35
139	C Duffer (154)	Unattached	28.15	M	
140	Lesley Foster (424)	Sunderland Strollers	28.36	F	O40
141	Helen Whitmore (497)	South Shields	28.55	F	O45
142	Lesley Johnson (497)	Low Fell RC	28.55	F	O40
143	Lindsey Brooks (398)	Unattached	29.10	F	O35
144	Eric Appleby (337)	Heaton Harriers	29.21	M	O70
145	Sonia Wasiejko (321)	Unattached	29.54	F	
146	Joy Champion (418)	Sunderland Strollers	30.06	F	O40
147	Gillian Small (153)	Unattached	31.55	F	O35
148	George Routledge (417)	Heaton Harriers	32.16	M	O60
149	Harry Craven (307)	Heaton Harriers	33.42	M	O70