

Low Fell 3000m Track Races

Gateshead International Stadium

18.06.2010.

Race 1

Position	Name	Time	Points
1	Gordon Long	12:16	15
2	Chris Hart	12:52	14
3	Alan Elders	13:55	12
4	Cheryl Stanley	14:10	20
5	Bill Doidge	17:38	11
6	Barbara Doidge	17:46	18

The 'early starters' witnessed a sprightly get away by Chris, with Gordon asserting himself on the race from lap 3 onwards. Bill ran the race in lane 2, i.e. ran 3050m. Only sorry that we cannot adjust the time Bill.

Race 2

Position	Name	Time	Points
1	Lawrence Johnson	10:30	20
2	Shaun Dunlop	10:48	19
3	George Russell	10:54	18
4	Alec Hutchinson	11:30	17
5	Mike Stacey	11:52	16
6	Bob Najafi	13:25	13
7	Caroline Najafi	15:11	19
8	Lesley Johnson	18:02	17

First 3 broke away early, with Lawrence confidently striding away to victory. Quite a battle for 2nd place with George at one point catching Shaun after being dropped after 4 laps, only for the wily tactician to pull away over the final 600m. Alec very solid in 4th. Having a liking for a certain amount of symmetry, the bookending of the event by the Johnson's made for a tidy evening. In the other Mr and Mrs main event, Bob held out for victory in the Najafi household. Mike still looks like a track runner.

Well done to everyone. Hope that this will become an annual part of the grand prix. Low Fell on the track – whatever next!. Still, we could have started a bit later the other event of the evening turned out to be a lot less exciting than the two races at the Stadium.