

Pos	Name	Club	Time
1	Nick Swinburn (150)	Morpeth Harriers	25.51 M
2	Darren M Purvis (96)	Chester-le-Street	26.46 M
3	James Buis (134)	Heaton Harriers	27.21 M
4	Neil Allan (57)	Birtley AC	27.58 M
5	Lee Millmore (56)	Birtley AC	28.16 M
6	Patrick Duffy (138)	Crook AC	29.17 M
7	Chris Mcdonald (153)	South Shields	30.21 M O40
8	Colin Drummond (125)	Low Fell RC	30.38 M O45
9	Karl Oakes (60)	Birtley AC	30.55 M O40
10	Matthew Campbell (144)	Low Fell RC	31.12 M
11	Adrian Bailes (55)	Birtley AC	31.41 M U17
12	Iain Mckinnon (109)	Heaton Harriers	31.46 M
13	Andrew Hebden (76)	Heaton Harriers	32.01 M
14	Josh Mcenaney (142)	Birtley AC	32.05 M U20
15	Kevin O'neill (147)	Sunderland Strollers	32.18 M O45
16	Carl Watson (99)	Low Fell RC	32.23 M O40
17	Alex Machin (154)	Low Fell RC	32.49 M O50
18	Michelle Holt (110)	Sunderland Harriers	32.50 F
19	Craig Proudlock (70)	Unattached	33.09 M
20	Angie Watson (62)	Birtley AC	33.16 F
21	Kevin Lister (65)	North East Vets	33.22 M
22	Alan Rowell (69)	Durham City	33.40 M O60
23	Mark Wantworth (141)	Unattached	33.42 M
24	Barry Young (81)	North Shields Poly	33.44 M O45
25	Roy Baker (145)	Sunderland Harriers	33.59 M
26	Chris Walker (68)	Gateshead Harriers	34.00 M U20
27	Paul Inskip (140)	Heaton Harriers	34.02 M O40
28	David Warren (131)	Low Fell RC	34.07 M
29	Gary Pemberton (7)	North East Vets	34.19 M O55
30	Victoria Booth (146)	Sunderland Strollers	34.23 F
31	David Coulson (58)	Birtley AC	34.54 M O45
32	Micael Henry (10)	Alnwick Harriers	35.27 M O60
33	Darren Kirkby (139)	Tyne & Wear Fire Brigade	35.33 M
34	Jordi Costa (151)	Low Fell RC	35.38 M
35	Alan Hodgson (66)	Unattached	35.59 M
36	Gary Coulter (63)	Durham City	36.12 M O55
37	Colin Phillipson (97)	PB Fitness	36.15 M
38	Clare Buis (71)	Heaton Harriers	36.21 F
39	Peter Summberbell (64)	Unattached	36.29 M O40
40	Mark Doctor (74)	Alnwick Harriers	37.28 M
41	Julie Cross (77)	Claremont R.R.	37.36 F O40
42	L Valentine (143)	Sunderland Strollers	37.59 F O55
43	Michael Page (148)	Jarrow & Hebburn AC	38.47 M
44	Vicki Thompson (299)	Jarrow & Hebburn AC	39.06 F O35
45	Sharon Parr (137)	Chester-le-Street	39.16 F O55
46	Paul Lewins (294)	Sunderland Strollers	39.37 M
47	Jon Holden (295)	North Shields Poly	39.49 M
48	Louise Griffin (72)	Tynedale	40.00 F O40
49	Shaun Dillon (75)	Unattached	40.04 M
50	Paul Callaghan (80)	Unattached	40.13 M
51	Flip Owen (156)	Elvet Striders	40.43 M O40
52	Arhtur Potter (67)	North East Vets	41.16 M O60
53	Bernie Cordes (6)	Morpeth Harriers	41.52 M O60

54	Gillian Brown (155)	Jarrow & Hebburn AC	41.58	F
55	Frank Strand (82)	South Shields	42.03	M O60
56	Bridget Peberdy (130)	Alnwick Harriers	42.58	F O50
57	Allen Mulliss (297)	Heaton Harriers	43.12	M O50
58	Barry Murray (59)	Birtley AC	44.28	M O45
59	Peter Phillips (92)	Low Fell RC	45.24	M
60	Kevin Quirk (78)	Unattached	45.57	M
61	Una Nicholl (84)	Unattached	48.59	F O40
62	Martin Duffy (85)	Unattached	48.59	M
63	Victoria Corrigan (149)	Jarrow & Hebburn AC	49.09	F
64	Craig Robinson (152)	Birtley AC	52.03	M

Teams Female

1 Jarrow & Hebburn AC

Teams Men

- 1 Birtley AC
- 2 Heaton Harriers
- 3 Low Fell RC
- 4 North East Vets