

MORPETH 10KM ROAD RACE

(Inc North Eastern Counties AA Championships)

TUESDAY 3 AUGUST 2010 - 7.30 PM

(ARC Permit applied for)

The race follows a two lap circuit around Tranwell Woods (south west of Morpeth)

SPONSORED BY

Benfield Motors
Morpeth
(01670) 501100

Phil Walker
Wealth Management
(01670) 517938

C. Dentice, Stanton Hall Gardens
(01670) 772641

AND SUPPORT FROM
**Start Fitness &
Piramal Health Care**

THE FIRST 300 TO ENTER WILL RECEIVE

A MORPETH 10K 2010 MUG
(All entries RECEIVED BY 13 JULY
will be guaranteed a mug)

PRIZES

Men: 1st Prize - £70 then down to 8th place

Veteran Men: 1st three in M40, M45 & M50;

1st two in M55 & M60 and 1st M65

Women: 1st Prize - £50 then down to 5th place

Veteran Women: 1st 3 in W35 & 1st W40, 45, 50, 55 & 60
(Athletes may win only one individual prize - this will be
the higher value prize).

The organisers reserve the right to amend the prize list,
delay the start time or postpone the race, if necessary.

ENTRY FEES

£8.00 UK Athletics Affiliated Club Members

£10.00 Unattached athletes.

Cheques / Postal Orders made payable to :

Morpeth Harriers & A.C.

Entries to : Mrs V M Gill, 104 Ringwood Drive,
Cramlington, Northumberland NE23 1NP

ADVANCE ENTRIES CLOSE ON

MONDAY 26 JULY

Numbers to be collected on the night.

Minimum age - 15 on the day of the race

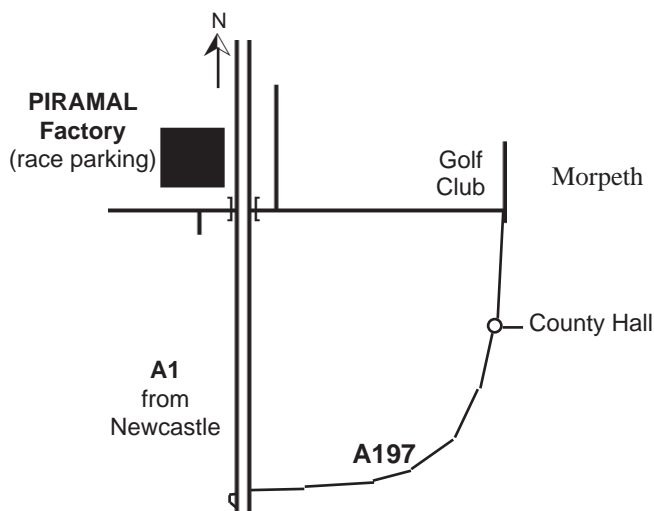
Entries will also be taken on the night from 6.00 to 7.15pm at a
cost of £11.00 (Club)/£13.00 (Unattached) and will be eligible
for prizes and commemorative mugs (if in the first 300 to enter).

Drinks will be available en route and at the finish.

RACE HEADQUARTERS

Directions to the start and registration will be provided from
the main parking area at Piramal as shown below. Registration
and limited changing facilities available from 6.00 pm
**N.B. No parking will be allowed near the Start / Finish or
registration areas which are 1/2 mile from the parking area**

Location Map



MORPETH 10 KM ROAD RACE - TUESDAY 3 AUGUST 2010

Surname	First Name	M/F	Age on day of race (Minimum 15)
Address			
Club	Fee Enclosed £	Signature	
I declare that I am fit to run and understand the Organisers will not be held responsible for any injury to me or loss or damage to my property during this event.			