

NORTH EASTERN COUNTIES ATHLETIC ASSOCIATION

ESTABLISHED 1879 [RE-FORMED 1992]

ROAD RELAY CHAMPIONSHIPS 2012

(Under UK Athletics Rules - Licence No. 2012-102852)

Supported By **START FITNESS**

Senior Men, Veteran Men (inc. Over 50s), Senior Women, Veteran Women

HETTON LYONS COUNTRY PARK, HETTON-LE-HOLE

SATURDAY 18 FEBRUARY 2012 - 1pm START

Each leg 2 laps - 2.22 miles in total

Hosted by Houghton Harriers

Parking: Please use the car park to the south of Hetton Lyons Park.

See www.houghtonharriers.org for travel directions.

Conditions

1. Only clubs affiliated to NECAA may compete in the Championships.
2. All team members must be first claim members of the club that they represent.
3. Guest teams may only compete with advance invitation from the NECAA Road Running Committee.
4. Men's teams will consist of six runners. Veteran Men must be 40 on the day of the race. An Over 50s Veteran Men's category will also be included.
5. Women's teams will consist of four runners. Veteran Women must be 35 on the day of the race.
6. All runners must be at least 15 years old on the day of the race.
7. Runners can only compete in one category and can only run one leg.
8. NECAA medals will be awarded to the first three clubs in each championship category. (Only one set of medals can be won by a club in each category.)
9. The **Royal Signals Trophy** will be awarded to the first team in the Senior Men's Championship.
10. Teams must be declared 30 minutes before the start of the race.
11. The organisers reserve the right to delay the start time or to postpone the race, if necessary.
12. Clubs knowingly fielding ineligible athletes may be banned from future Championships.

ENTRIES CLOSE ON MONDAY 6 FEBRUARY 2012

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To: Championship Secretary, D J Parry, 'Ravensgill Bungalow', Commondale, Whitby YO21 2HG

Name of Club _____

Name of Secretary _____ Signature _____

Date _____ Tel. No. _____

e-mail Address _____

Please enter

£

_____	Senior Men's teams @ £15	_____
_____	★ Veteran Men's teams @ £15	_____
_____	Senior Women's teams @ £10	_____
_____	Veteran Women's teams @ £10	_____
	GRAND	_____

Cheques payable to North Eastern Counties Athletic Association

★ Over 50 Veteran Men's teams to be declared on the day