



## NORTH EASTERN HARRIER LEAGUE 2009 - 10.

### FIXTURE 3. BLYTH VALLEY – EAST CRAMLINGTON NATURE RESERVE.

SATURDAY 9<sup>TH</sup> January 2010.

#### **Directions to the venue.**

FROM A1 North and South. Join A19 at Seaton Burn interchange. (Signed **Tyne Tunnel**). ①

Straight ahead at roundabout. ②

Travel South to Moor Farm Roundabout. ③

Take second exit A189. (Signed **Ashington**). ④

Travel to first exit and take slip road (Signed **East Cramlington**). ⑤

At junction turn left. ⑥

At next junction turn left (Signed **East Cramlington**). ⑦

After ¾ mile, East Cramlington Nature Reserve is on your left. ⑧

FROM A19 South. At Moor Farm roundabout, take 5<sup>th</sup> exit A189 (Signed **Ashington**). ⑨

Follow as above. ⑤ ⑥ ⑦ ⑧

PARKING. There is ample parking adjacent to the course within the Nature Reserve. Please follow direction signs and marshal's instructions.

**PLEASE DO NOT PARK ON THE MAIN ROAD OR VERGES IN EAST CRAMLINGTON.**

REGISTRATION. Toilets, Changing, and Registration are at Cramlington Juniors Football Club, Ann Welfare (**Follow directions as above, BUT instead of turning second left to East Cramlington, go straight on for about a quarter of a mile and changing rooms are on the right**)

Please note that this is 1 mile from the start/finish area. There will be no race parking at the football club. Please only park while you register or change, and then park at the Nature Reserve.

CLUB TENTS. There is ample space for club tents alongside the start and finish.

Blyth Running Club welcomes The North East Harrier League to Blyth Valley, and hope all competitors enjoy the event.